

# Connections

NOVEMBER/DECEMBER 2022

## November is National Gratitude Month

With Thanksgiving taking place in November, it's not surprising the month was chosen to highlight the importance of gratitude to all of us. After all, practicing gratitude has been proven to positively impact psychological and physical wellbeing.

F&B is grateful for our customers, who are also our friends and neighbors. What are you grateful for today?

### Contact Us:

103 N. Main Street / PO Box 309  
Wheatland, IA 52777

**Office Hours:** M–F 7:30 am to 4:00 pm

### Office Closures:

- Thursday & Friday, November 24 & 25 - Thanksgiving Holiday
- Friday, December 23 & Monday, December 26 - Christmas Holiday
- Friday, December 30 (closing early) & Monday, January 2 - New Year's Holiday

### Phone Numbers:

Business Office:

(563) 374-1236 or (563) 574-1236

After-Hours Trouble:

(563) 374-1238 or (563) 574-1238

Internet Tech Support 24/7:

1-888-832-4322

Technology Solutions: (563) 374-1322

**Visit Us Online:** [www.fbc-tele.com](http://www.fbc-tele.com)



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**F&B**

**TIME FOR  
TURKEY,  
TOUCHDOWNS, AND TECH**

## FEAST ON THE FUN OF THANKSGIVING

What's not to love about this holiday? Thanksgiving brings together treasured family and friends. Plus, it combines some of our favorite things—enjoying a turkey dinner with side dishes galore, streaming football games for hours, and sharing memorable moments via video calls and social media.

If your bandwidth is being gobbled up by the growing number of devices in your home, it's time for an internet upgrade.

**CALL (563) 374-1236 NOW  
FOR FASTER INTERNET**

**Happy  
Thanksgiving  
to you and  
yours!**

**Our office  
will be closed  
November  
24 & 25.**





Calamus-Wheatland Hometown Pride



Bennett Elementary School

## Grants Awarded for Local Projects

These two local organizations were the recent recipients of Aureon charity grants and matching awards from F&B Communications:

- **Calamus-Wheatland Hometown Pride** will use the funds to commission a community mural in Wheatland.
- **Bennett Elementary School** purchased K-2 reading materials.

For more information on grants and scholarships offered by F&B, visit [www.fbc-tele.com/company/about-us/grants-scholarship](http://www.fbc-tele.com/company/about-us/grants-scholarship).

## Why a Guest Wi-Fi Network Makes Sense

If you give guests the password for your main Wi-Fi network, it could pose a network security risk, since guests might accidentally download a malicious program or connect an already infected device to your network. Instead, set up a guest Wi-Fi network with its own password, which allows internet access without compromising the security of your main Wi-Fi network.

Our SmartHub Managed Wi-Fi service can help with this. Call (563) 374-1236 for details.

# 5 Ways to Shop Locally This Holiday Season

Instead of buying all your holiday gifts from Amazon or big box stores, we encourage you to shop in your own backyard whenever possible. Local small businesses, including F&B's Technology Solutions division, offer unique items that your family and friends will love. Plus, by shopping locally, you're contributing to the economic growth of our area.

To get you in the gift-giving spirit, we'll give you a few festive ideas:

### 1. Choose Christmas cards from local artists.

Why settle for run-of-the-mill cards when you can send works of art? Check to see if there are local artists who make prints of their work and turn them into Christmas cards (or everyday notecards). Your recipients will be impressed, and they may even want to frame the card to use as wall art.

### 2. Buy books from an independent bookstore.

Books make great gifts for people of any age. Browse through a small, locally owned bookstore for a relaxing shopping experience. The owner may even be there to help recommend titles for everyone on your list.

### 3. Visit local holiday festivals.

During this time of the year, many community organizations host holiday festivals that include vendor booths. These events provide the opportunity to discover local artisans and makers you might not have been aware of otherwise. You're sure to find one-of-a-kind stocking stuffers and gifts — such as homemade candles, bath soaps, ornaments, jewelry, kitchen towels, T-shirts, and more.

### 4. Send a seasonal floral arrangement.

When you want to give flowers to someone in town, skip the big online flower services and walk into your friendly neighborhood florist shop instead. You'll be able to literally "stop and smell the roses" during the hectic holiday season and personally choose the type of blooms and arrangement you want.

### 5. Grab a cup of coffee and shop simultaneously.

The next time you meet a friend for coffee at your favorite independent coffee shop, look around for holiday gifts while you're there. You may be able to pick up a selection of gourmet coffees to give as hostess gifts or buy coffee mugs for your child's teachers.

